

Zeera



BENGAL CUISINE

The Leader of flavour

Tel: 01443 229979 / 229984

*Home Delivery Available
(within 3 mile radius)*

OPENING HOURS:

*7 Days a week 5.00pm to 11.00pm
(Open on bank holiday Mondays)*



Food & Drink
Awards 2011/12

2013 RUNNER UP

GOOD FOOD™
AWARD

for Takeaways
2022 | WINNER

www.zeeraindiantakeaway.com

STARTERS

1. **ONION BHAJI**£3.50
2. **MEAT/VEGETABLE SOMOSA**.....£2.70
(Pastry filled with minced meat or vegetables)
3. **CHICKEN TIKKA SOMOSA**£2.70
(Pastry filled with chicken and chopped onion then fried)
4. **ALOO CHOP**£3.50
(With mash potatoes and spices in breadcrumbs and fried. Contains egg)
5. **ALOO CHAT**£3.50
(Potatoes with coriander and cucumber cooked in chat masala)
6. **CHICKEN CHAT**£3.95
(Slices of chicken tikka with coriander and cucumber cooked in chat masala)
7. **CHICKEN PAKORA**.....£3.95
(Spiced fillet of chicken dipped in bread crumbs and fried. Contains egg.)
8. **PRAWN COCKTAIL**£3.95
(Prawn in cocktail sauce with salad)
9. **PRAWN PUREE**£4.20
(Spicy prawn served on thin bread)
10. **KING PRAWN PUREE**£5.20
(Spicy king prawn served on thin bread)
11. **KING PRAWN BUTTERFLY**£5.20
(Spicy king prawn in bread crumbs. Contains egg.)
12. **CHICKEN/LAMB TIKKA**£3.95
(Pieces of chicken or lamb marinated in selected mild spices, then cooked in clay oven)
13. **TANDOORI CHICKEN**£3.95
(Spring chicken marinated and cooked over the clay oven on the bone)
14. **SHEEK KEBAB**£3.95
(Spicy minced meat smoked over the clay oven)
15. **SHAMEE KEBAB**£3.95
(Minced meat mixed with herbs and spices then shallow fried)
16. **BOTI KEBAB**£4.20
(Small pieces of lamb cooked in masala and served with thin bread)
17. **RESHMI KEBAB**.....£4.20
(Spicy minced meat covered with omelette)
18. **KEBAB ROLL**£4.20
(Sheek kebab served with puri bread, onion salad and special sauce)
19. **CHICKEN KEBAB**£4.20
(Small pieces of chicken served with puri bread onion salad and special sauce)
20. **SALMON TIKKA**.....£6.10
(Marinated in selected herbs and spices then charcoal grilled in a clay oven)
21. **ZEERA MIXED TIKKA**£4.90
(Chicken, sheek kebab, lamb marinated in selected herbs and spices, then cooked in clay oven)
22. **LAMB CHOP**.....£4.20
(Tender pieces of lamb chop marinated and cooked in tandoori oven)
23. **CHAT PATE**.....£3.50
(Chick peas, boiled egg and potatoes cooked with Achar-tangy sauce)
24. **CHANA PIAZA**£3.90
(A classic snack served from market stall of bengal, bite size onion bhajjis served with spicy chick peas)

TANDOORI MANSAHARI

Non vegetarian tandoori dishes

25. **TANDOORI CHICKEN**£7.95
(Half spring chicken on the bone cooked in the tandoori clay oven)
26. **CHICKEN/LAMB TIKKA**£7.95
(Diced chicken or lamb cooked in the tandoori clay oven)
27. **SPICY CHICKEN/LAMB TIKKA**£8.15
(Spicy cubes of chicken or lamb cooked in the tandoori clay oven)
28. **CHICKEN/LAMB SHASHLIC**£8.55
(Marinated with onion, capsicum and tomatoes then cooked in clay oven)
29. **SALMON SHASHLIC**£11.95
(Marinated with onion, capsicum and tomatoes then cooked in clay oven)
30. **TANDOORI KING PRAWN**£12.15
(Marinated and cooked in the tandoori oven)
31. **SPICY TANDOORI KING PRAWN**.....£12.15
32. **TANDOORI MIXED GRILLED**£12.15
(Pieces of chicken, lamb, sheek kebab, tandoori chicken, tandoori king prawn cooked in tandoori clay oven)
33. **ROYAL ZEERA MIXED**£12.55
(Salmon, king prawn, lamb chop and chicken tikka cooked in the tandoori clay oven)
34. **SALMON TIKKA**.....£11.95
(Marinated in selected herbs and spices then cooked in clay oven)



BIRYANI DISHES

Prepared with pulao rice and served with mixed vegetable curry (Medium)

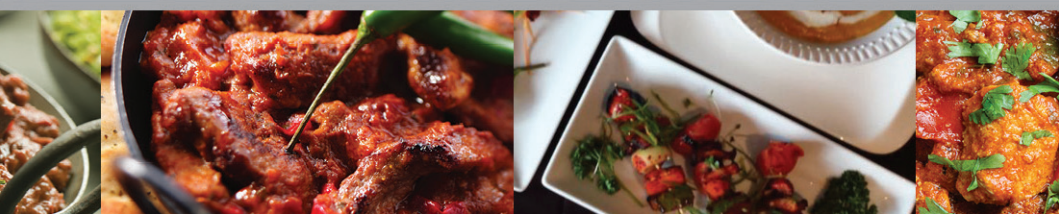
- 35. CHICKEN/LAMB BIRYANI.£7.95
- 36. PRAWN BIRYANI.£8.55
- 37. KING PRAWN BIRYANI.£11.95
- 38. MIXED VEGETABLE BIRYANI.£7.75
- 39. CHICKEN/LAMB TIKKA BIRYANI.£8.55
- 40. ZEERA SPECIAL BIRYANI (King prawn, chicken tikka, lamb tikka and boiled egg).£11.95
- 41. TANDOORI KING PRAWN BIRYANI.£11.95

BALTI DISHES

- 42. BALTI CHICKEN/LAMB.£7.95
(Cooked in a special rich sauce with home made yoghurt, coriander, methi leaves, with herbs and spices)
- 43. BALTI KING PRAWN£11.95
(Cooked in special rich sauce with home made yoghurt, coriander, methi leaves with herbs and spices)
- 44. BALTI PRAWN£8.55
(Prawn cooked in special rich sauce with home made yoghurt, coriander, methi leaves with herbs and spices)
- 45. BALTI CHICKEN/LAMB TIKKA BHOONA£8.55
(Cooked in medium flavour with fairly thick sauce)
- 46. BALTI KING PRAWN BHOONA£11.55
(Garnishes together with pepper, onion, garlic, tomatoes and medium sauce)
- 47. BALTI TROPICAL£10.95
(Chicken, prawn and lamb cooked together in a medium sauce)
- 48. BALTI NAVORRATHAN MULTI VEG (Vegetarian)£7.95
(Made with aubergine, okra, carrot, chick peas, dall, mushroom, peas and spinach)
- 49. BALTI NAVORATHAN£10.95
(Balti tropical lamb, chicken and prawn with carrot, chick peas, dall, mushroom, peas and spinach)
- 50. BALTI / CHICKEN / LAMB SAAG£8.55

CHEFS SPECIAL RECOMMENDATION

- 51. CHICKEN / LAMB TIKKA DANSAK.£7.95
(*Persian dish - fairly hot, sweet and sour cooked with lentils)
- 52. CHICKEN / LAMB TIKKA PATHIA.£7.95
(*Persian dish - fairly hot, sweet and sour)
- 53. CHICKEN / LAMB TIKKA BHOONA£7.95
(Marinated chicken or lamb cooked in medium dry dish sauce)
- 54. CHICKEN/LAMB PESHWARI£7.95
(Tender pieces of chicken or lamb tikka grilled over charcoal, cooked in tandoori sauce with chopped onions and green pepper in a rich sauce)
- 55. KORAI KING PRAWN£11.95
(Grilled king prawn prepared with fresh green pepper, tomatoes and onions in medium sauce)
- 56. KORAI CHICKEN / LAMB£7.95
(Prepared with fresh green peppers, tomatoes and onions in a medium sauce)
- 57. BUTTER CHICKEN£7.95
(Barbecued then simmered in butter and sugar, then cooked in mild spices with almonds and coconut)
- 58. CHICKEN CHILLI MASALA/LAMB£7.95
(Marinated and cooked with fresh green chilli, capsicum, coriander, tomatoes and onions)
- 59. CHICKEN / LAMB JALFRIZI£7.95
(Using herbs, spices, onions, green chillies, ginger and capsicum)
- 60. CHICKEN / LAMB TIKKA MASALA£7.95
(Marinated and cooked with almond and coconut in cream and spices)
- 61. TANDOORI KING PRAWN MASALA£11.95
(King Prawn grilled in clay oven then cooked with almond and coconut in fresh cream and mild sauce)
- 62. CHICKEN / LAMB NEPALI (Cooked with green pepper, onions, tomatoes and fresh mint).£7.95
- 63. CHICKEN TIKKA SAG/LAMB£7.95
(Lots of garlic medium with spinach)
- 64. CHICKEN TIKKA DOPIAZA/LAMB£7.95
(Cooked with onions, green pepper and fresh spices. Medium dry dish)
- 65. CHICKEN / LAMB PASSANDA£7.95
(Sliced chicken or lamb cooked in yoghurt, mild spices with pistachio, almond, coconut & fresh cream)
- 66. KING PRAWN JALFRIZI.£11.95
(Prepared with exotic hot and spices with green chillies, onions, pepper and tomatoes)
- 67. CHICKEN ROSHANI/LAMB.£7.95
(Chicken cooked with fresh garlic & spices in bhoona style)
- 68. CHICKEN TIKKA REZALLA / LAMB (marinated in ginger, yoghurt, onions, capsicum & chillies).£7.95
- 69. CHICKEN MAKHANI£7.95
(Cooked with almonds, coconut, sugar & cream. Very mild dish)
- 70. CHICKEN / LAMB / PRAWN SALI£7.95
(Garnished and deep fried thinly sliced potato in a rich medium spiced gravy)
- 71. CAPTAIN PATILA£8.55
(Medium or hot pieces of chicken or lamb prepared with special herbs and spices including mint, garlic and yoghurt in a rich tangy sauce)



NAGA SELECTION

Hot spices with naga chilli and pepper

72. NAGA CHICKEN / LAMB TIKKA£8.55
73. NAGA PRAWN.....£8.95
74. NAGA KING PRAWN.....£11.95
75. NAGA VEGETABLE£7.75

ZEERA EXCLUSIVE

76. SHORSHE RAJA CHINGRY£12.75
(King prawn in hot sauces with mustard seeds, ginger, garlic and green chillies)
77. ZEERA FISH MASALA£12.75
(Salmon cooked with fresh herbs and spices with tomatoes and green chillies)
78. CHICKEN/LAMB BADAMI£8.55
(Cooked in bhoona sauce and garnished with cashew nuts)
79. ACHAR GOSHT / CHICKEN.....£7.95
(Tender pieces of lamb or chicken cooked in a dry thick tamarind achar)
80. KEBAB COCKTAIL BAHAR£7.95
(Chicken tikka, lamb tikka and sheek kebab cooked in medium strength with special blend sauce)
81. GARLIC CHICKEN / LAMB CHILLI MASALA£7.95
(Marinated chicken cooked with fresh garlic, green pepper, tomatoes, onions, green chillies and fresh herbs)
82. CHICKEN / LAMB TIKKA NOODLES£7.95
(Noodles cooked in Indian style. Mild, medium or hot flavour)
83. KEEMA NOODLE£7.95
(As above, cooked with mince meat)
84. KING PRAWN NOODLE£11.95
85. MURUGH SAGWA / LAMB£8.95
(Chicken tikka, minced meat and spinach cooked in a unique sauce)
86. ZEERA MURUGH MASALA£8.95
(Tandoori chicken cooked with minced meat and egg served with medium thick sauce)
87. ZEERA ZAFRANI£7.95
(Sliced breast chicken cooked with green pepper, onion, mushroom, green chilli & tomato with a special sauce)
88. SURUCHI CHICKEN / LAMB£7.95
(Cooked with almond, coconut. Very mild dish. Mango flavour)
89. CHICKEN / LAMB PODINA£7.95
(Lamb or chicken tikka cooked with mild spices, including coconut and almonds, fresh cream specially prepared from garden mint flavoured sauce, to give a mild, sweet and slightly sour taste)
90. ZEERA MURGI / LAMB MATAR£8.95
(Medium or hot. Chicken or lamb tikka, minced meat and chickpeas cooked in a unique sauce)

TRADITIONAL PRAWN DELICACIES

91. PRAWN CURRY, MADRAS OR VINDALOO£7.25
92. PRAWN KURMA (Very mild and creamy)£7.55
93. PRAWN BHOONA (Medium, fairly dry)£7.55
94. PRAWN SAG (Medium, fairly dry)£7.55
95. PRAWN DANSAK (Fairly hot with lentils, sweet & sour)£7.55
96. PRAWN PATHIA (Fairly hot, sweet & sour)£7.55
97. KING PRAWN CURRY, MADRAS OR VINDALOO£9.95
98. KING PRAWN KURMA (Very mild and creamy)£10.55
99. KING PRAWN BHOONA (Medium, fairly dry)£10.55
100. KING PRAWN SAG (Medium with spinach)£10.55
101. KING PRAWN DANSAK (Fairly hot with lentils, sweet, hot & sour)£10.55
102. KING PRAWN PATHIA (Fairly hot, sweet & sour)£10.55

TRADITIONAL DISHES

103. CHICKEN/LAMB CURRY, MADRAS OR VINDALOO£6.55
104. CHICKEN/LAMB KURMA (Very mild and creamy)£6.95
105. CHICKEN/LAMB BHOONA.....£6.95
106. CHICKEN/LAMB ROGON (Medium with tomatoes)£6.95
107. CHICKEN/LAMB DUPIAZA (medium with onions and green peppers)£6.95
108. CHICKEN/LAMB DANSAK (Fairly hot, sweet & sour with lentils).....£6.95
109. CHICKEN/LAMB PATHIA (Fairly hot, sweet & sour)£6.95
110. CHICKEN/LAMB SAG (medium with spinach)£6.95
111. CHICKEN/LAMB MALAYA (cooked with pineapple, very mild and creamy)£6.95



VEGETARIAN DISHES

112. **PONEER SHABZI KORMA** £7.25
(Cottage cheese and vegetable, very mild)
113. **PONEER SHABZI JALFREZI** £7.25
(Fairly hot, cooked with green chilli, onion, peppers, tomato, fresh spices, vegetable and cottage cheese)
114. **VEGETABLE / CHANA DANSAK** £6.25
(Fairly hot, sweet and sour vegetable or chana with lentils)
115. **VEGETABLE CURRY** SIDE £3.50 MAIN £6.25
(Mixed vegetable cooked in a runny medium sauce)
116. **MIXED VEGETABLE BHAJI** SIDE £3.50 MAIN £6.25
(Mixed vegetable stir fried in a moist sauce)
117. **MUSHROOM BHAJI** SIDE £3.50 MAIN £6.25
(Fried with tomatoes and spices)
118. **SAG BHAJI** SIDE £3.50 MAIN £6.25
(Cooked with lots of garlic herbs and spice)
119. **CAULIFLOWER BHAJI** SIDE £3.50 MAIN £6.25
(Fried with tomatoes and spice)
120. **BINDI BHAJI** SIDE £3.50 MAIN £6.25
(Okra cooked with lots of garlic, tomato herbs and spice)
121. **BRINJAL BHAJI** SIDE £3.50 MAIN £6.25
(Aubergine cooked with garlic herbs and spice)
122. **BOMBAY POTATOES** SIDE £3.50 MAIN £6.25
(medium cooked in a thick sauce)
123. **SAG PONNER** SIDE £3.50 MAIN £6.25
(Spinach cooked with cheese, spice herbs, medium dry)
124. **TARKA DALL** SIDE £3.50 MAIN £6.25
(Lentils cooked with fried garlic garnish)
125. **ALLO GOBI** SIDE £3.50 MAIN £6.25
(Potatoes and cauliflower cooked with selected spices)
126. **SAG ALLO** SIDE £3.50 MAIN £6.25
(Spinach and potatoes cooked with garlic and spices)
127. **BAIGAN MASALA** SIDE £3.50 MAIN £6.25
(Aubergine cooked with onions, pepper, garlic, coriander and mixed spices)
128. **BAIGAN TAMATAR** SIDE £3.50 MAIN £6.25
(grilled aubergine and tomatoes in a medium sauce)
129. **CHANA MASALA** SIDE £3.50 MAIN £6.25
(Chickpeas cooked in a thick medium spicy sauce)
130. **TAMATAR BHAJI** SIDE £3.50 MAIN £6.25
(Tomato cooked in a medium dry with herbs and spices)
131. **DALL SAG** SIDE £3.50 MAIN £6.25
(lentils and spinach cooked in medium dry with herbs and spices)

RICE

132. **PULAO RICE** £2.80
133. **BOILED RICE** £2.60
134. **ZEERA PULAO** (whole cumin cooked with aromatic basmati rice) £3.10
135. **LEMON RICE** (Fresh lemon flavoured basmati) £3.10
136. **ONION RICE** (mixed and fried with onions) £3.10
137. **SPECIAL STIR FRIED RICE** (Stir fried with egg and peas) £3.10
138. **MUSHROOM RICE** (Basmati mixed with mushroom) £3.10
139. **COCONUT RICE** (Basmati stir fried with coconut) £3.10
140. **VEGETABLE RICE** (with mixed vegetable) £3.10
141. **KEEMA RICE** £3.10
142. **CHANA RICE** (Basmati rice mixed with chana) £3.10

TANDOORI AND OTHER BREADS

143. **PLAIN NAN** £2.60
(Unleavened bread baked in a clay oven)
144. **FRIED NAN** £2.60
(Baked then deep fried)
145. **CHILLI NAN** £2.60
(with green chilli and coriander)
146. **GARLIC NAN** £3.00
(with fresh garlic)
147. **KEEMA NAN** £3.00
(with spicy mince meat)
148. **PESHWARI NAN** £3.00
(with coconut, sultanas and almonds)
149. **STUFFED NAN** £3.00
(with mixed vegetables and coriander)
150. **CHOCOLATE NAN** £3.00
151. **ROTI** £1.95
(Layered chapatti flour bread baked in clay oven)
152. **CHAPATTI** £1.35
(Chapatti Flour)
153. **PUREE** £1.35
(Fried puffy pastry)

154. PARATHA	£2.80
<i>(Layered bread shallow fried in pulao gee)</i>	
155. STUFFED PARATHA	£3.00
<i>(Stuffed with mixed vegetable)</i>	
156. EGG PARATHA	£3.50
<i>(Fried with egg coating)</i>	

SUNDRIES

157. PLAIN PAPADOM	£0.70
158. MASALA PAPADOM	£0.70
159. CHIPS	£2.95
160. HALF AND HALF (CHIPS & RICE)	£3.30
161. SPICY CHIPS	£3.30
162. RAITHA, CUCUMBER OR ONION	£2.20
163. GREEN SALADS	£1.60
164. YOGHURT	£2.00
165. MANGO CHUTNEY	£0.65
166. MIXED PICKLE	£0.65
167. ONION SALADS	£0.65
168. MINT SAUCE	£0.65
169. RED SAUCE <i>(Special with chef recipes)</i>	£0.95
170. CHUTNEY TRAY	£3.50

ENGLISH DISHES

All English dishes served with chips, peas and tomatoes

171. FRIED CHICKEN	£6.95
172. PRAWN OMELETTE	£7.55
173. CHICKEN OMELETTE	£7.55
174. MUSHROOM OMELETTE	£6.55

SOFT DRINKS

BOTTLE 1.5LITERS	£2.70
CANS 330ML	£1.30

(Coke, Diet coke, Tango orange, 7up and water)

* "Ewch i food.gov.uk/ratings i ganfod sgôr hylendid bwyd ein busnes neu gofynnwch inni beth yw ein sgôr hylendid bwyd wrth archebu."

* "Go to food.gov.uk/ratings to find out the food hygiene rating of our business or ask us for our food hygiene rating when you order."

* Please note, some of the dishes on the menu may contain nuts. If you have any allergies please inform your server. We also advice you that although great care is taken to remove all bones, shells and whole spices, some may remain.

* We also cater for offices and private parties.

* The management of Zeera may refuse to serve or admit any one without giving a reason.

*All major cards accepted, in the shop only. Cheque payments are not accepted.

*£1 towards delivery.

*20p charge per carrier bag.



ZEERA INDIAN TAKEAWAY
51 COWBRIDGE ROAD, PONTYCLUN
MID GLAMORGAN CF72 9EB